

SHEPHERD HOME HEALTH CARE, INC.

5455 Wilshire Blvd. #705

Los Angeles, CA 90036

M 1300 Braden Scale
 SOC-N1 _____ ROC-ROOH _____

Sensory / Mental	Moisture	Activity	Mobility	Nutrition	Friction / Shear
1. Totally Limited	1. Constantly moist	1. Bedfast	1. 100% immobile	1. Very poor	1. Frequent sliding MAX Assist
2. Very Limited	2. Very moist	2. Chair fast	2. Very limited	2. < ½ daily portion	2. Feeble corrections. Min Assist
3. Slightly limited	3. Occasionally moist	3. Walks w / assistance	3. Slightly limited	3. > ½ Most of portion	3. Independent corrections
4. No Impairment	4. Dry	4. Walks w/out assistance	4. Full Mobility	4. Eats everything	

Score: _____
 15-16 Mild Risk 12-14 Moderate Risk <12 High Risk
 15-18 is considered Mild Risk for those > 75 years

111M 1910 Fall Risk Assessment - TUG

Timed Up and Go

Directions:

1. Have patient sit in a standard arm chair
2. Instruct patient to fold his arms when rising
3. On the instruction "GO" have the patient stand up, walk comfortable to a line 3 meters meters - (10 feet) away, turn around and sit down again



Interpretation:

- <10 seconds: Independent and freely mobile for basic transfer.
- >20 seconds: Intermediate probability for dependence in transfers.
- >30 seconds: Unlikely to be able to climb stairs or go outside alone.

Score: Above 20, request a PT referral (If patient refuses, note why in comments section of OASIS)

Score: _____seconds

Date: _____ Patient Name: _____ RN Sig: _____